

# Thurgood Marshall High School



**2023-2024**

## Cheerleading Tryout Packet

**Name:** \_\_\_\_\_

If you have any questions, please do not hesitate to contact:  
Coach Gillespie-Johnson at [monica.gillespiejohn@fortbendisd.com](mailto:monica.gillespiejohn@fortbendisd.com)  
Coach Williams at [rian.williams@fortbendisd.com](mailto:rian.williams@fortbendisd.com)

### Packet Includes:

- Tryout Information & Important Dates
- Tryout Sequence of Events
- FBISD Tryout Rubric/Scoresheet/Tiebreaker
- TMHS Cheer Important Dates
- Application
- Parent/Guardian Permission Form
- Cheer Candidate Release Form/ Fort Bend ISD Verification Form/Financial Commitment Form
- Administrative Seal of Approval; Paperwork Check List and Returning Instructions

**Attention:** It is required that you download, read, and understand the FBISD Cheer Handbook and the Thurgood Marshall High School Cheer Handbook available at <https://www.fortbendisd.com/domain/6495>

# Tryout Information

## To tryout you must:

- Current student-athletes and/or returning cheerleaders may use their current valid physical for this year that they have on file to tryout. To be eligible to participate for the 2023-2024 school year, they will need to get a new physical dated after February 1, 2023. Their current physical will expire in May 31, 2023.
- All students that do not have a physical on file for the current year, 2023-2024; will need to get a new physical and complete the required electronic forms to be eligible for cheer tryouts. Physicals should be dated after Feb.1, 2023. Any physical done outside of this time frame is INVALID.
- Complete Rank One Electronic Forms
  - [www.fortbendisd.com](http://www.fortbendisd.com)
  - "Athletics"
  - "Electronic Forms"
  - "Start Online Forms"
  - Create an account and sign all forms
- Turn in a copy of T1 and T2 Grades (full name must be clearly shown)
- Turn in tryout packet with all required documents signed by the correct party

*\*Paperwork should be turned in electronically to Coach Johnson and Coach Williams at the following emails: [monica.gillespiejohn@fortbendisd.com](mailto:monica.gillespiejohn@fortbendisd.com) and [rian.williams@fortbendisd.com](mailto:rian.williams@fortbendisd.com) or in person to Room D101 or Room X104 by February 27, 2023 by 3:10 PM\**

## Important Dates:

- Mandatory Cheer Interest Candidate & Parent Meeting:
  - **February 21, 2023 @ 6:00 PM** – Thurgood Marshall HS – Room D101
- Physical Appearance at clinics and tryouts:
  - Plain white t-shirt, sports bra, black shorts (no spanx), plain white socks, and tennis/cheer shoes
  - Hair in a neat ponytail with no bow
  - Must remove ALL jewelry
  - No Long nails or polish
- Clinic Dates:
  - **February 28, 2023 4:30-6:30 PM**
  - **March 1, 2023 4:30-6:30 PM**
    - You will learn the cheer and dance from the current selected 2023 graduating seniors
    - This is a closed clinic. (No parents allowed)
- Mock Tryouts:
  - **March 2, 2023 4:30-6:30 PM**
    - You will experience how tryouts will be.
    - This is a closed mock tryout. (No parents allowed)
- FBISD Tryouts: **March 7, 2023 at TMHS Gyms (Time: TBA)**
  - Candidates will choose a candidate number randomly and will fall into a 15-minute time frame
  - Tryouts are closed to the public! Only candidates, senior cheerleaders, coaches, judges and impartial tabulators are allowed in.
  - **Results will be announced on March 10, 2023 @ 2:45 PM**
    - If you make the team, **MANDATORY parent meeting on March 21, 2022 @ 6:00PM Thurgood Marshall HS- Room D101**
  - If you have questions regarding scores, please contact the campus Cheer Administrator, Mr. Pyles via email at [Sonni.Pyles@fortbendisd.com](mailto:Sonni.Pyles@fortbendisd.com)
  - For more information regarding the tryout process, refer to the FBISD Cheer Handbook.

***\*\*Please note: Squads are chosen by judges. The school coaches have no contact with the judges at any time and have no say in results\*\****

## **Cheerleading Tryouts**

### **Sequence of Events**

**After being admitted to the Gym, each candidate will:**

- 1. Walk out to the cone.**
- 2. Wait for the judges to say "GO".**
- 3. Spirit in to the center of the mat.**
- 4. Do three jumps**
- 5. Perform the cheer.**
- 6. Perform the dance.**
- 7. Walk to opposite end of the mat and tumble in the direction of the door where they entered.**
- 8. Exit the Gym.**



# CHEER RUBRIC

May want to include a statement that the rubric below should be used for all cheerleader tryouts.

SCORESHEET CATEGORIES	SCORING CRITERIA
<b>Spirited Entrance</b>	<ul style="list-style-type: none"> <li>EXCELLENT ENTRANCE Enthusiasm, Energy, Crowd Interaction, Eye Contact (4-5 POINTS)</li> <li>GOOD ENTRANCE Enthusiasm, Energy, Crowd Interaction, Eye Contact (2-3 POINTS)</li> <li>FAIR ENTRANCE Enthusiasm, Energy, Crowd Interaction, Eye Contact (0-1 POINTS)</li> </ul>
<b>Voice Projection</b>	<ul style="list-style-type: none"> <li>EXCELLENT LOUD VOICE PROJECTION / SHOWMANSHIP (4-5 POINTS)</li> <li>GOOD MEDIUM VOICE PROJECTION / SHOWMANSHIP (2-3 POINTS)</li> <li>FAIR LOW VOICE PROJECTION / SHOWMANSHIP (0-1 POINTS)</li> </ul>
<b>Jumps</b>	Toe touch, hurdler, and pike in any order <ul style="list-style-type: none"> <li>HYPEREXTENDED (4-5 POINTS)</li> <li>LEVEL (2-3 POINTS)</li> <li>BELOW LEVEL (0-1 POINTS)</li> </ul>
<b>Motions</b>	Based on sharpness and correct motion placement <ul style="list-style-type: none"> <li>EXCELLENT TECHNIQUE (4-5 POINTS)</li> <li>GOOD TECHNIQUE (2-3 POINTS)</li> <li>FAIR TECHNIQUE / PLACEMENT (0-1 POINTS)</li> </ul>
<b>Tumbling</b>	Potential points are based off of execution of skill and clean technique <ul style="list-style-type: none"> <li>BACKTUCKS AND ABOVE (4-5 POINTS)</li> <li>BACK HANDSPRINGS SERIES (3 POINTS)</li> <li>BACK HANDSPRING SINGLE (2 POINTS)</li> <li>ROUND OFF, CARTWHEEL, FWO (0-1 POINTS)</li> </ul>
<b>Memory</b>	<ul style="list-style-type: none"> <li>EXCELLENT EXECUTION, NO MISTAKES (4-5 POINTS)</li> <li>GOOD EXECUTION, FEW MISTAKES (2-3 POINTS)</li> <li>FAIR EXECUTION, MANY MISTAKES (0-1 POINTS)</li> </ul>
<b>Dance</b>	<ul style="list-style-type: none"> <li>EXCELLENT TECHNIQUE/ PLACEMENT (4-5 POINTS)</li> <li>GOOD TECHNIQUE / PLACEMENT (2-3 POINTS)</li> <li>FAIR TECHNIQUE / PLACEMENT (0-1 POINTS)</li> </ul>
<b>Overall Impression</b>	<ul style="list-style-type: none"> <li>EXCELLENT OVERALL IMPRESSION (4-5 PTS)</li> <li>GOOD OVERALL IMPRESSION (2-3 PTS)</li> <li>FAIR OVERALL IMPRESSION (0-1 PTS)</li> </ul>

## EXHIBIT B – HS Tryout Judges Score Sheet

HIGH SCHOOL CHEERLEADER TRYOUT									
JUDGES SCORE SHEET									
CHEERLEADER									
CANDIDATE # _____									
IN EACH CATEGORY, CIRCLE THE SCORE THAT BEST REFLECTS THE PERFORMANCE FOR THE CANDIDATE USING THE RATING SCALE PROVIDED BELOW.									
IF YOU MAKE A MISTAKE ON THE SCORESHEET, PLEASE CROSS OUT THE INCORRECT MARK AND INITIAL IN THE SAME MANNER AS THE BOTTOM OF THIS SHEET									
									COMMENTS
ENTRANCE	0	1	2	3	4	5			
VOICE PROJECTION	0	1	2	3	4	5			
JUMPS	0	1	2	3	4	5			
MOTIONS	0	1	2	3	4	5			
TUMBLING	0	1	2	3	4	5			
MEMORY	0	1	2	3	4	5			
DANCE	0	1	2	3	4	5			
OVERALL IMPRESSION	0	1	2	3	4	5			
JUDGE NUMBER _____ JUDGE'S INITIALS _____									
TOTAL SCORE _____									

XXX[PROCEDURE] Policy Title

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Approved 00.00.2000

## EXHIBIT C – HS Tryout Judges Score Sheet Tiebreaker

### HIGH SCHOOL CHEERLEADER TRYOUT JUDGES SCORE SHEET CHEERLEADER – TIEBREAKER 1<sup>st</sup> ROUND

CANDIDATE # \_\_\_\_\_

IN EACH CATEGORY, PLACE THE SCORE THAT BEST REFLECTS THE PERFORMANCE OF THE CANDIDATE USING THE RATING SCALE PROVIDED BELOW.

	JUDGE #1	JUDGE #2	JUDGE #3
ENTRANCE			
VOICE PROJECTION			
JUMPS			
MOTIONS			
OVERALL IMPRESSION			
TOTAL			

TIE-BREAKER TOTAL SCORE \_\_\_\_\_

HIGH SCHOOL CHEERLEADER TRYOUT									
JUDGES 2ND ROUND TIEBREAKER SCORE SHEET									
CHEERLEADER									
CANDIDATE # _____									
IN EACH CATEGORY, CIRCLE THE SCORE THAT BEST REFLECTS THE PERFORMANCE FOR THE CANDIDATE USING THE RATING SCALE PROVIDED BELOW.									
IF YOU MAKE A MISTAKE ON THE SCORESHEET, PLEASE CROSS OUT THE INCORRECT MARK AND INITIAL IN THE SAME MANNER AS THE BOTTOM OF THIS SHEET									
									COMMENTS
ENTRANCE	0	1	2	3	4	5			
VOICE PROJECTION	0	1	2	3	4	5			
JUMPS	0	1	2	3	4	5			
MOTIONS	0	1	2	3	4	5			
OVERALL IMPRESSION	0	1	2	3	4	5			
JUDGE NUMBER _____ JUDGE'S INITIALS _____									
TOTAL SCORE _____									

## EXHIBIT D – Tryout Judges Score Sheet- MASCOT

HIGH SCHOOL CHEERLEADER TRYOUT  
JUDGES SCORE SHEET MASCOT

1. CANDIDATE # \_\_\_\_\_

IN EACH CATEGORY, CIRCLE THE SCORE THAT BEST REFLECTS THE PERFORMANCE OF THE CANDIDATE USING THE RATING SCALE PROVIDED BELOW.

### RATING SCALE:

- 0=NOT PRESENT
- 1=POOR
- 2=WELL BELOW AVERAGE
- 3=BELOW AVERAGE
- 4=AVERAGE
- 5=ABOVE AVERAGE
- 6=WELL ABOVE AVERAGE
- 7=EXCELLENT
- 8=SUPERIOR

IF YOU MAKE A MISTAKE ON THE SCORESHEET, PLEASE CROSS OUT THE INCORRECT MARK AND INITIAL EACH INCORRECT MARK IN THE SAME MANNER AS AT THE BOTTOM OF THIS SHEET. THANK YOU.

TECHNIQUE	0	1	2	3	4	5	6	7	8
STAGE PRESENCE	0	1	2	3	4	5	6	7	8
CREATIVITY	0	1	2	3	4	5	6	7	8
SPIRIT / ENTHUSIASM	0	1	2	3	4	5	6	7	8
OVERALL IMPRESSION	0	1	2	3	4	5	6	7	8

JUDGE NUMBER \_\_\_\_\_

TOTAL SCORE \_\_\_\_\_

JUDGE'S INITIALS \_\_\_\_\_

XXX(PROCEDURE) Policy Title

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Approved 00.00.2000

## SENIOR INTENT

Student Name \_\_\_\_\_

School \_\_\_\_\_

I am trying out for:

\_\_\_\_ Varsity Only

\_\_\_\_ Either Team

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent Signature

\_\_\_\_\_  
Date

## EXHIBIT F – Administrative Seal of Approval

### Administrative Seal of Approval

- The contents of this document should be carefully considered prior to approving a student for participation in campus Cheerleading tryouts.
- The Administrative Seal of Approval (ASA) should be completed by the student's assigned alpha split/grade level administrator OR by the supervising administrator over the Cheerleading program.
- The Coach for the campus should prepare one copy of the ASA for each candidate with student name and school and then submit all prepared ASAs at the same time to the administrator who will approve/deny.
- ASAs should NOT be given to the student to submit to her/his administrator.
- In the interest of expediency, it is permissible for the Coach to provide input to the administrator on any areas of concern with a given candidate prior to approval/denial.

Name \_\_\_\_\_ School \_\_\_\_\_

Cheerleaders are a representation of our high school. They should always adhere to all district/campus rules. If you believe this student would be a good representative and has no serious discipline issues on campus or on the cheer squad, please sign and date below.

Below are the key indicators for whether or not an administrator should approve a student to participate in Cheerleading tryouts:

- This candidate is on schedule to graduate and possesses the credits to meet graduation requirements on time with their graduation year cohort.
- Candidates may not have received more than a total of two failing grades for T1 and T2. Failing grades in approved AP classes do not count against the student's allotted two failing grades (if there are questions, please contact the Coach). *Because of COVID/extenuating circumstances, we are allowing for leniency in this area based upon a student having passing grades from S1 and progress reports prior to T3. However, it is still at the discretion of the Coaches and school administration to decide on this.*
- Candidates must have shown compliance with compulsory attendance laws. This means that, in order to participate in Cheerleading tryouts, a student must have been in attendance at 90% of all classes at the time of the signing of this document in order to be considered as in compliance. Again, due to possible unforeseen circumstances related to the COVID-19 or other pandemic, it is at the discretion of the coaches and/or campus administration to allow leniency in this area.
- All cheerleaders are expected to follow all the rules of conduct as outlined in the "Fort Bend ISD Student/Parent Handbook", "Fort Bend ISD Student Code of Conduct" and other rules specific to that campus's cheer program that may be developed by the campus Coaches with the approval of the campus principal.

- The candidate has not received excessive discipline referrals for the previous Cheer year (ex.: for March 2022 tryouts, student should not have excessive discipline referrals for the 2021-22 school year).

Grounds for NOT signing this document MAY INCLUDE but are not limited to:

- Student has excessive documented discipline referrals in violation of the "FBISD Student Code of Conduct".
- Student has been absent for more than 10% of any of her/his classes.
- Student has failed more than two classes for the T1 or T2 grading periods.
- Misconduct on the Cheer squad that was not a violation of the "FBISD Student Code of Conduct" (ex.: excessive missed practices, missing major Cheer event(s) with little/no notice, consistent disrespectful behavior with teammates or coaches, persistent violations of other team rules, etc.).
- Student was selected for Cheer squad in a previous school year and quit the team at any point after the teams were named.
- Student was removed from the Cheer squad during the current school year for any reason (ex.: student made the team in the spring of 2022, was removed in the fall of 2022 – s/he cannot try out for Cheer in the spring of 2023).

\*\*\*Any other rule violation or potential obstacle to a student successfully participating in Cheer for the \_\_\_\_\_ school year not listed above may be used as grounds for not signing the Administrative Seal of Approval. The student/parent will be notified by the coach if she/he did not receive the Administrative Seal of Approval. If a student/parent wishes to receive clarification or further information on why approval was not given, they may contact their student's grade level/alpha split administrator.

Administrator: \_\_\_\_\_

Date: \_\_\_\_\_

# **Thurgood Marshall High School Cheer**

## **Important Dates 2023-2024**

Immediately following tryouts, members will have the following MANDATORY commitments.

### **Payment Dates and Parent Meetings:**

- |                            |  |
|----------------------------|--|
| ○ Tuesday, March 21, 2023  | Welcome to TMHS Cheer! Parent & Cheerleader Meeting<br>@ 6:00 p.m. |
| ○ TBA                      | Uniform Fitting  |
| ○ Thursday, March 30, 2023 | 1 <sup>st</sup> Payment Due (Returning-\$250) (New-\$250)          |
| ○ Monday, April 17, 2023   | 2 <sup>nd</sup> Payment Due Minimum (Returning-\$250) (New-\$250)  |
| ○ Monday, May 1, 2023      | 3 <sup>rd</sup> Payment Due Minimum (Returning-\$250) (New-\$250)  |
| ○ Monday, May 15, 2023     | 4 <sup>th</sup> Payment Due (remaining balance)                    |

**\*\*Acceptable payment options: Revtrak (extra fees)\*\***

### **Practice Dates: (We will notify cheerleaders of any changes)**

- |                  |          |                         |
|------------------|----------|-------------------------|
| ○ April 3, 2023  | Practice | Varsity/JV 4:30- 6:00PM |
| ○ April 17, 2023 | Practice | Varsity/JV 4:30- 6:00PM |
| ○ April 24, 2023 | Practice | Varsity/JV 4:30- 6:00PM |
| ○ May 1, 2023    | Practice | Varsity/JV 4:30- 6:00PM |

### **Summer Practices:**

- Week before camp and or other dates (cheerleaders will be notified of changes)
- Cheerleaders will be given strength and conditioning schedule to follow during the summer.

### **Summer Camp:**

- TBA

### **August Practices:**

- TBD

**Please Note:** Every effort is made to give notice of events in advance. Some events may have to be added/changed after the calendar has been made. Participation in other activities may conflict with cheer. TMHS cheer must be your first priority. **Unexcused absences from cheer responsibilities will result in consequences such as suspension and/or dismissal.**

**\*\*Dates/Times are tentative and subject to change\*\***

# TMHS Cheer Member Application

## 2023-2024

Please clearly print all of the following information!

### Personal Information

Name:		Phone:
Address:		Zip:
Overall GPA:	Grade Level for 2023-2024 School Year:	Date of Birth:

### Medical Information

Doctor:	Phone:
Allergies (if so, please list):	
Medications (if so, please list):	
Dietary Restrictions (if so, please list):	

### Parent/Guardian Information

Name:	Relationship:	Phone:
Email Address:		
Name:	Relationship:	Phone:
Email Address:		

### Other Information

1. Are you currently a member of any club, organization, sport requiring extra practice time?

If so, please list: \_\_\_\_\_

2. What dates will you be out of town this summer? \_\_\_\_\_

3. Please list any other obligations that may interfere with TMHS Cheer. \_\_\_\_\_

\_\_\_\_\_

## **Parent/ Guardian Permission Form**

\_\_\_\_\_ has my permission to try out for cheerleader for the 2023-2024 school year at Thurgood Marshall High School.

- I understand that he/she is required to attend all sporting events chosen by the coach(s).
- I understand that dates/ times may change and my cheerleader is expected to attend all mandatory events.
- I understand that the coach(s) will give as much advance notice as possible.
- I understand that he/she is responsible for participating in all fundraiser activities coordinated by the coach(s).
- I understand that the responsibility of a cheerleader and a mascot are considered at all times more important than other extra-curricular activities and/or after-school job.
- I understand that he/she must be currently eligible according to UIL standards.
- I understand that he/she cannot have more than a total of two failing grades or N's or U's (conduct) and cannot be out of compliance with attendance laws on T1 and T2 grading reports.
- I understand that to participate next year, he/she must be eligible according to UIL standards in all subjects on his/her report card at all times.
- I understand that he/she is required to attend cheer camp, as well as all summer practices.
- I understand that all ballots from the official tryout will be counted by unbiased tabulators to determine squad members, and the coach(s) have no say in the final results.
- I grant the release of legal responsibility of my son/daughter to Fort Bend ISD and the Thurgood Marshall Cheer Coach(s) while on any project or activity concerning cheerleading responsibilities.
- Please remember that cheer is a year-long sport. Family vacations should be scheduled outside of events. These are considered unexcused absences. **Please see the district cheer handbook for more information.**
- Excessive absences when preparing for a performance of any kind may result in being removed from a formation or moved to a new spot.
- Each cheerleader is responsible for getting him/herself to all specified events and practices on-time. There are consequences for being late or not being able to go based on a lack of or undependable transportation.
- **Each cheerleader and family are responsible for all costs related to cheer, including uniforms, camps and other required items even if withdrawing from cheer on their own or any circumstance that requires removal from the squad.**

***I will show good sportsmanship by accepting the decision of the judges' scores and the final results of tryouts.***

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent Printed Name: \_\_\_\_\_

Candidate Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate Printed Name: \_\_\_\_\_



## **Cheer Handbook Verification Form**

I have received/ downloaded a copy of the Fort Bend ISD Cheer Handbook and the Thurgood Marshall High School Cheer Handbook. If chosen to be a Thurgood Marshall High School Cheerleader or Mascot, I understand that I will be held responsible for the expectations and consequences set forth.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## **Acknowledgement of Financial Responsibility**

I, \_\_\_\_\_, parent/guardian of \_\_\_\_\_ have read and understand the estimated cost of being a Thurgood Marshall High School Cheerleaders or Mascot. I agree to pay for the fees accrued for cheerleading. I understand that all payments are due by May 15, 2023 or my cheerleader will forfeit their position on the squad.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Candidate Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**After fitting dates, each member's invoice amount may change depending if they are a returning or new cheerleader. Below is an ESTIMATE for general expenses.**

Approximate Costs	
Return to Varsity	\$1000
New to Varsity	\$1000
Return to JV	\$1000
New to JV	\$1000
Camp	TBD

Payment	Due Date	Amount
1 <sup>st</sup> Payment	March 30, 2023	(Returning - \$250) (New- \$250) (Camp/ Camp Wear/ Uniform)
2 <sup>nd</sup> Payment	April 17, 2023	(Returning - \$250) (New - \$250) (Camp Wear & Uniforms)
3 <sup>rd</sup> Payment	May 1, 2023	(Returning - \$250) (New - \$250)
4 <sup>th</sup> Payment	May 15, 2023	(Returning - \$250) (New - \$250)
Final Payment	On or before <b>May 15, 2023</b>	TBD by your final balance total

## **Paperwork Checklist**

*\*Paperwork should be turned in electronically to Coach Johnson and Coach Williams at the following emails: [monica.gillespiejohn@fortbendisd.com](mailto:monica.gillespiejohn@fortbendisd.com) and [rian.williams@fortbendisd.com](mailto:rian.williams@fortbendisd.com) or in person to Room D101 or Room X104 by February 27, 2023 by 3:10 PM\**

Make sure all paperwork is signed by the correct party and **returned** in order:

- ☐ Cheer Member Application
- ☐ Parent/ Guardian Permission Form
- ☐ Cheer Handbook Verification Form
- ☐ Acknowledgement of Financial Responsibility Form
- ☐ Cheerleader Intent
- ☐ Copy of First and Second Nine Week Report Card
- ☐ Copy of Class schedule
- ☐ Official FBISD Physical Form (if needed) *(Only valid if completed on or after February 1, 2023)*

